

Gender-Affirming Care Guide



All Families Healthcare is proud to provide gender-affirming hormone therapy (GAHT).

We provide GAHT to patients of all ages, including minors. We recognize that GAHT is life-saving care and strive to make the process as accessible as possible. This guide outlines what gender-affirming care looks like with our clinic.



First Visit

When: Reach out to us to schedule, any time!

Cost: First visit is \$200! \$0 for Medicaid recipients

Visit Length: 90 minutes

What We'll Do: You'll chat with our provider, Helen, about you, your journey, and your goals! We'll also go over education, risks, and benefits of hormone therapy. Typically, no blood work is needed at the first visit. You'll receive a three-month prescription for hormones.



Second, Third, and Fourth Visits

When: 30–60 min visits every three months after your first visit, for the first year.

Cost: \$165 per appointment, \$0 Medicaid

What We'll Do: We'll go over how you're doing and do bloodwork to check hormone levels. You'll receive another three-month prescription for hormones.



Annual Visit



When: After your fourth visit at the end of your first year, your next visit will be 60 minutes, in one year from that date. You'll have only one required annual visit per year after your first four visits!

Cost: \$200, \$0 Medicaid

What We'll Do: We'll check-in on how you're doing and do blood work! You will receive an annual prescription.

Please note: Testosterone is a controlled substance that can only be prescribed 6 months at a time. If you are in need of a refill but not due for a visit yet, please call or text us at 406-730-8682!

Gender-Affirming Care Checklist



1

Make an Appointment



Call or text us at 406-730-8682, or send us an email at info@allfamilieshealth.org

2

Complete Paperwork



Complete the Patient Packet sent to you by text or email before your visit

3

Bring a Photo ID + Card/Cash



Bring a photo ID to your visit (any kind works!) and your Medicaid number if applicable. Unfortunately we typically cannot accept private insurance for these visits, but we do accept card and cash

4

Know Your Pharmacy



Let us know which pharmacy works best for your prescriptions!

5

Check Needle + Syringe Supply

We can provide needles and syringes for self-administering hormones at home. \$35 for 100 syringes, \$12 for 100 needles. Let us know if you'd like to buy some directly from us!



First Visit
Date:

Second
Visit Date:

Third Visit
Date:

Fourth
Visit Date:

Annual
Visit Date:

3 months

3 months

3 months

1 year